Torticollis Assessment & Treatment of Infants and Children

Cindy Miles, PT, PhD, PCS

May 9 ~ 10, Friday ~ Saturday, 2014
New York, NY

The SMILE Center is proud to present a 2 day course: Torticollis assessment and treatment of infants and children with Cindy Miles, PT, PhD, PCS.

This dynamic evolving course will concentrate on progressive, effective treatment schemes for infants and young children with a diagnosis of torticollis with or without plagiocephaly, including challenging cases. Participants will analyze the implications of torticollis, sleep posture and increased use of positional devices on infant postural and motor development. Red flags for related early infancy and preschool diagnoses will be discussed. Clinical pathways for management of torticollis and infant head shape will be reviewed. Functional, clinically oriented evaluation and evidence based treatment strategies for infants and young children that can be integrated into routines and play will be provided. Diagnostic procedures and surgical intervention will be appraised.

Emphasis on home exercise programs and effective strategies to team with parents will be explored. Learning opportunities for therapists and medical professionals involved in pediatrics will transpire through lecture, case reports, group problem solving and video review.

Objectives: At the completion of this course participants will be able to:

1. Discuss and implement current evidenced based treatment regimens for torticollis
2. Discuss the impact on head shape that may be present with a diagnosis of torticollis
3. Establish solutions to manage; including helmet criteria and treatment
4. Identify the impact of torticollis on the acquisition of motor components and midline postural development
5. Discuss the relationship of “the change in sleep posture” and the effects of increased positional devices to postural development
6. Discuss SIDS and the efficacy of back to sleep
7. Review related diagnoses to the health policy change
8. Incorporate parent input when establishing individualized goals and a home exercise program

*Educational Credits: 16 contact hours. Certificate will be awarded for self-certify with your state board*
Course Instructor:

Cindy Miles, PhD, PT, PCS, has been serving the pediatric population since 1977; established her pediatric private practice in 1981 where she and her staff are recognized for their Pediatric clinical experience. Cindy is a graduate of the University of Pittsburgh, School of Health Related Professionals, a graduate of East Stroudsburg University with a Master of Education in exercise physiology and a graduate of Rocky Mountain University of Health Professions with a PhD in Pediatric Science. Her doctoral research was potential risk factors related to the diagnosis of torticollis. Cindy is Board Certified by the American Board of Physical Therapy Specialties as a Pediatric Clinical Specialist, specializing in treating children; birth thru young adults. Cindy has completed the eight week Pediatric NeuroDevelopmental training course and the Advanced Infant course. Presently, Cindy serves as Chair of the Section on Pediatrics Annual Conference (SoPAC) and “Goofy for Exercise” Committee and is a member of the Section on Pediatrics’ Task Force on Guidelines for Exercise for Children.

REGISTRATION FORM: Torticollis Treatment with Cindy Miles, May 9 - 10, Friday - Saturday, 2014

**please print**

Name: ____________________________ Credentials: _________ Facility: ________________

Billing Address: __________________ City: __________ State: _______ Zipcode: ________

Daytime Phone: _________________ Email address: ________________________________

Registration Fee: $460

AMOUNT ENCLOSED OR TO BE CHARGED: $________

PLEASE CHARGE MY CARD: □ Visa □ MasterCard CARD #: __________________________

Exp. Date: _______/_______  V-code:__________(3-digita# on signature strip)

SIGNATURE: _______________________

**** Check payment, please make payable to The SMILE Center ****

Mail/Fax completed registration form and check/billing to:

The SMILE Center
171 Madison Avenue, 5th Floor, NY, NY 10016
Fax: 212-400-0384 or 718-599-3690

The SMILE Center is conveniently located at 171 Madison Ave, 5th Floor, corner of 33rd Street in Manhattan. Subway: B, D, F, N, Q, R, V, W trains to 34th St or 6 train to 33rd St

For info please contact: Kaitlin or Natalie, email: info@smilenewyork.org or 212-400-0383

Cancellations must be in writing and received by The SMILE Center two weeks prior to course; refund will not be granted after that date. Refund will be issued after course date (minus $75 processing fee). You may transfer full registration to another SMILE Center course if you notify us two weeks in advance of workshop you are cancelling. The SMILE Center reserves the right to cancel any course with due cause and refund in full. Participants purchasing non-refundable airfare tickets are encouraged to inquire as to course availability before final purchase. Registrant bears sole responsibility for transportation to course. Weather or transportation difficulties are not the responsibility of The SMILE Center, and failure of a chosen means of transportation is not grounds for registration fee refund when course is held.

Please visit us on www.smilenewyork.org