

## **NDT Baby Treatment with Lois Bly**

## September 16 ~ 17, Friday ~ Saturday, 2016 New York, NY

The SMILE Center is proud to present a 2 day course: Lois Bly, MA, PT: An internationally respected NDT instructor, author and clinician as she teaches the 2 Day Course: NDT Approach to Infant Treatment.

This two day course is designed for experienced physical and occupational therapists currently working with babies. Lecture information will focus on NDT Infant Treatment Principles. Labs and videotapes will be used to problem solve system impairments for infants in general and for the specific infants who will be treated in demonstration sessions. Labs with dolls will augment the therapist's understanding of infant treatment techniques. Participants should wear comfortable clothes for labs. The book by Lois Bly Baby Treatment Based on NDT Principles will be used as the text for your review after the course (Please visit www.loisbly.org for ordering information & link)

## Objectives: At the completion of this course participants will be able to:

- 1. Identify and list NDT Infant Treatment Principles.
- 2. Identify major components of the typical and atypical development.
- 3. Describe the importance of play as a modality for the infant.
- 4. Identify system impairments in babies with varied presentations while watching videotapes of assessments and live treatment demonstrations.
- 5. Reproduce treatment facilitation techniques with dolls.

<u>Each participant requires a doll, approximately 24" long.</u> You can order the dolls through <u>www.monamiedolls.com</u> or by phone: 559-448-4640. <u>Please order (4-6) weeks prior to course</u>. They are done by hand and take a while to put together. <u>You can order dolls of various colors AND No need for clothing for the dolls</u>.

Day 1	
7:45-8:00	Registration
8:00- 8:30	Introduction/Course Overview
8:30 - 10:00	Principles of NDT
10:00 - 10:15	Break
10:15 – 12:00	Essentials of Baby Treatment
12:00 - 1:00	Lunch
1:00 - 1:30	Videotape of treatment child
1:30 - 2:30	Treatment demo
2:30 - 3:00	Discussion
3:00 – 3:15	Break
3:15 – 5:00	Facilitation lab – Handling the infant
Day 2	
8:30 - 10:00	Stress signs in the young child
10:00 – 10:15	Break
10:15 – 12:00	Why Work on the Trunk
12:00 - 1:00	Lunch
1:00 - 1:30	Videotape of treatment child
1:30 - 2:30	Treatment demo
2:30 - 3:00	Discussion
3:00 - 3:15	Break
3:15 - 5:00	Facilitation lab

<sup>\*</sup> The SMILE Center is recognized as an approved provider of PT and PTA continuing education by the New York State Education Department Board of Physical Therapy\*

## **Course Instructor:**

Lois Bly, M.A., P.T., is an NDT Coordinator Instructor and clinician who has offered seminars, workshops and NDT certification courses throughout the United States, Canada, Australia, Brazil, Argentina, Peru, South Africa and Hong Kong. Ms. Bly was certified in Neuro-Developmental Treatment by the Bobaths in London, and received her NDT Instructors Certification from Mary Quinton and Dr. Elsbeth Koeng of Switzerland. She received her Master Degree in Motor Learning at Teachers College, Columbia University. She is the author of the monograph, Components of Normal Movement During the First Year of Life and Abnormal Motor Development, and the books Motor Skills Acquisition in the First Year and Baby Treatment Based on NDT Principles and co-author with Allison Whiteside of the book Facilitation Techniques Based on NDT Principles, Motor Skills Checklist based on the book Motor Skills Acquisition in the First Year and her most recent publication: Components of Typical and Atypical Motor Development by NDTA, 2011.

**please print**				
Name:	Credentials:	Facil	Facility:	
Billing Address:	City:	State:	Zipcode:	
Daytime Phone:	Email address:			
Registration Fee: \$500 (Tuition <u>do</u>	es NOT include Textboo	k: Baby Treat	ment based on NDT	
Principles)				
AMOUNT ENCLOSED OR TO BE C	HARGED: \$			
PLEASE CHARGE MY CARD: 🗆 Visa 🗖 M	asterCard CARD #:			
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The SMILE Center is conveniently located at 171 Madison Ave, 5<sup>th</sup> Floor, corner of 33<sup>rd</sup> Street in Manhattan. Subway: B, D, F, N, Q, R, V, W trains to 34<sup>th</sup> St or 6 train to 33<sup>th</sup> St For info please contact: Gaby or Natalie, email: <u>info@smileny.org</u> or 212-400-0383

Cancellations must be in writing and received by The SMILE Center two weeks prior to course; refund will not be granted after that date. Refund will be issued after course date (minus \$50 processing fee). You may transfer full registration to another SMILE Center course if you notify us two weeks in advance of workshop you are cancelling. The SMILE Center reserves the right to cancel any course with due cause and refund in full. Participants purchasing non-refundable airfare tickets are encouraged to inquire as to course availability before final purchase. Registrant bears sole responsibility for transportation to course. Weather or transportation difficulties are not the responsibility of The SMILE Center, and failure of a chosen means of transportation is not grounds for registration fee refund when course is held.