



# NDT Facilitation Course with Lois Bly

February 15 ~ 16, Friday ~ Saturday, 2013  
New York, NY

The **SMILE Center** is proud to present a 2 day course: **Lois Bly, MA, PT**: An internationally respected NDT instructor, author and clinician as she teaches the **2 Day Course: NDT Facilitation Course**

This two day course will include lecture, lab and treatment demonstrations. An overview of principles of NDT facilitation will be presented, facilitation techniques will be reviewed and practiced on classmates, and treatment demonstrations by the instructor will apply the use of the techniques on children with developmental delays

During each session participants will learn facilitation techniques appropriate to use with children and adolescents with cerebral palsy. Participants will practice each technique on various classmates and will have techniques practiced on them. **This is primarily a LAB COURSE. Participants must wear clothes that enable movement.**

Facilitation techniques will include those used for transitional movements, trunk, upper extremity, and lower extremity mobility and control. There will be a treatment demonstration with a child with cerebral palsy on Friday and Saturday afternoon to demonstrate the actual application of the techniques. The book by Lois Bly and Allison Whiteside, **Facilitation Techniques Based on NDT Principles** will be used as the text. Please visit [www.loisbly.org](http://www.loisbly.org) for ordering information & link.

**Objectives: At the completion of this course participants will be able to:**

- List the major principles of NDT facilitation techniques.
- List the major reasons why it is important to work on the trunk
- Describe the relationship between trunk and extremity movements
- Demonstrate facilitation techniques on the sagittal plane.
- Demonstrate facilitation techniques on the frontal plane
- Demonstrate facilitation techniques on the transverse plane.
- Describe and demonstrate techniques to increase trunk mobility and control.
- Describe and demonstrate techniques to increase upper extremity mobility and control.
- Describe and demonstrate techniques to increase lower extremity mobility and control.
- Identify compensations and deviations from normal movements.

**\*Educational Credits: 15 contact hours. Certificate will be awarded\***

**Course Instructor:**

**Lois Bly, M.A., P.T.**, is an NDT Coordinator Instructor and clinician who has offered seminars, workshops and NDT certification courses throughout the United States, Canada, Australia, Brazil, Argentina, Peru, South Africa and Hong Kong. Ms. Bly was certified in Neuro-Developmental Treatment by the Bobaths in London, and received her NDT Instructors Certification from Mary Quinton and Dr. Elsbeth Koeng of Switzerland. She received her Master Degree in Motor Learning at Teachers College, Columbia University. She is the author of the monograph, Components of Normal Movement During the First Year of Life and Abnormal Motor Development, and the books Motor Skills Acquisition in the First Year and Baby Treatment Based on NDT Principles and co-author with Allison Whiteside of the book Facilitation Techniques Based on NDT Principles, Motor Skills Checklist based on the book Motor Skills Acquisition in the First Year and her most recent publication: Components of Typical and Atypical Motor Development by NDTA, 2011.

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**REGISTRATION FORM: NDT FACILITATION with Lois Bly, Feb 15 - 16, Friday - Saturday, 2013**

**\*\*please print\*\***

**Name:** \_\_\_\_\_ **Credentials:** \_\_\_\_\_ **Facility:** \_\_\_\_\_

**Billing Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip code:** \_\_\_\_\_

**Daytime Phone:** \_\_\_\_\_ **Email address:** \_\_\_\_\_

**Registration Fee: \$480 Tuition does NOT include Textbook: Facilitation Techniques Based on NDT Principles.**

**AMOUNT ENCLOSED OR TO BE CHARGED: \$** \_\_\_\_\_

**PLEASE CHARGE MY CARD:**  Visa  MasterCard **CARD #:** \_\_\_\_\_

**Exp. Date:** \_\_\_\_\_ / \_\_\_\_\_ **V-code:** \_\_\_\_\_ (3-digita# on signature strip)

**SIGNATURE:** \_\_\_\_\_

**\*\*\*\* Check payment, please make payable to The SMILE Center \*\*\*\***

Mail/Fax completed registration form and check/billing to:

**The SMILE Center  
171 Madison Avenue, 5<sup>th</sup> Floor, NY, NY 10016  
Fax: 212-400-0384**

**The SMILE Center** is conveniently located at 171 Madison Ave, 5<sup>th</sup> Floor, corner of 33<sup>rd</sup> Street in Manhattan. Subway: B, D, F, N, Q, R, V, W trains to 34<sup>th</sup> St or 6 train to 33<sup>th</sup> St

**For info please contact: Sandra Lee, email: [info@smileny.org](mailto:info@smileny.org) or 212-400-0383**

Cancellations must be in writing and received by The SMILE Center two weeks prior to course; refund will not be granted after that date. Refund will be issued after course date (minus \$75 processing fee). You may transfer full registration to another SMILE Center course if you notify us two weeks in advance of workshop you are cancelling. The SMILE Center reserves the right to cancel any course with due cause and refund in full. Participants purchasing non-refundable airfare tickets are encouraged to inquire as to course availability before final purchase. Registrant bears sole responsibility for transportation to course. Weather or transportation difficulties are not the responsibility of The SMILE Center, and failure of a chosen means of transportation is not grounds for registration fee refund when course is held.

**Please visit us on [www.smilenewyork.org](http://www.smilenewyork.org)**