



Components of Movement Principles of NDT with Lois Bly

December 5th ~ 9th, Monday ~ Friday, 2011

The **SMILE Center** is proud to present a 5 day course: **Lois Bly, MA, PT**: An internationally respected NDT instructor, author and clinician as she teaches the **5 Day Course: Components of Movement – Principles of Neuro-Developmental Treatment**.

This is a one week course on the treatment of children with cerebral palsy and other Neuromotor disorders. It is designed to give information and cover the following:

- NDT theoretical background.
- Components of typical and atypical motor development. Understanding the kinesiological aspect of motor development.
- The course participants practice NDT Facilitation techniques each day. Participants practice on each other.
- On Tuesday, Thursday and Friday the course instructor will evaluate and treat a child with cerebral palsy in front of the class.

Participants should wear comfortable clothes for labs. A *NEW* version of **Components of Typical and Atypical Motor Development** will be used as the text (Please visit www.ndta.org or www.loisbly.com for book ordering information)

Objectives: At the completion of this course participants will be able to:

- Demonstrate an understanding of the intricate subtle components of typical and atypical motor development and their interplay.
- Discuss the principles of assessment and treatment used in NDT and the appropriate application of these principles.
- Evaluate atypical movements and compensations in patients.
- Analyze atypical movements and compensations in patients and discuss how these movements interfere with functional activities.
- Analyze atypical movements in patients and discuss how these movements will interfere with future functional activities.
- Practice methods of facilitating desired movements while inhibiting undesired movement activity.
- Critically analyze demonstrations of patient assessment, treatment techniques and sequences.
- Apply the principles of NDT and handling techniques with current patient population.

Day 1	8.30 - 9.00	REGISTRATION
	9.00 - 9.15	WELCOME - ANNOUNCEMENTS
	9.15 - 10.30	PRINCIPLES OF NDT
	10:30 - 12:30	THEORETICAL MODEL
	12:30 - 1:30	LUNCH
	1:30 - 3:00	THEORETICAL MODEL
	3:00 - 5:00	LAB
Day 2	9:00 - 12:30	MOTOR DEVELOPMENTS - TYPICAL AND ATYPICAL (LECTURE AND LAB)
	12:30 - 1:30	LUNCH
	1:30 - 3:00	MOTOR DEVELOPMENT (CONT)
	3:00 - 4:00	TREATMENT DEMONSTRATION
	4:00 - 5:00	DISCUSSION
Day 3	8:00 - 12:30	MOTOR DEVELOPMENT - TYPICAL AND ATYPICAL (LECTURE AND LAB)
	12:30 - 1:30	LUNCH
	1:30 - 5:00	MOTOR DEVELOPMENT (CONT)
Day 4	9:00 - 11:00	MOTOR DEVELOPMENT (CONT)
	11:00 - 12:00	LAB
	12:00 - 1:00	LUNCH
	1:00 - 2:00	LAB
	2:00 - 3:00	VIDEOTAPE OF TREATMENT CHILD: PROBLEM SOLVING FOR ASSESSMENT & TREATMENT
	3:00 - 4:00	TREATMENT DEMONSTRATION
	4:00 - 5:00	DISCUSSION

Day 5 9:00 - 11:00 11:00 -12:00 12:00 - 1:00 1:00 - 2:00 2:00 - 2:30 2:30 - 3:00	MOTOR DEVELOPMENT (CONT) VIDEOTAPE OF TREATMENT CHILD: PROBLEM SOLVING FOR ASSESSMENT & TREATMENT LUNCH TREATMENT DEMONSTRATION DISCUSSION CLOSING QUESTIONS
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Educational Credits: 33 contact hours. Certificate will be awarded

****NYS PT Board approved CEUs pending****

Course Instructor:

Lois Bly, M.A., P.T., is an NDT Coordinator Instructor and clinician who has offered seminars, workshops and NDT certification courses throughout the United States, Canada, Australia, Brazil, Argentina, Peru, South Africa and Hong Kong. Ms. Bly was certified in Neuro-Developmental Treatment by the Bobaths in London, and received her NDT Instructors Certification from Mary Quinton and Dr. Elsbeth Koeng of Switzerland. She received her Master Degree in Motor Learning at Teachers College, Columbia University. She is the author of the monograph, Components of Normal Movement During the First Year of Life and Abnormal Motor Development, and the books Motor Skills Acquisition in the First Year and Baby Treatment Based on NDT Principles and co-author with Allison Whiteside of the book Facilitation Techniques Based on NDT Principles. Most recently **she published the Motor Skills Checklist based on the book Motor Skills Acquisition in the First Year**.

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REGISTRATION FORM: Components of Movement: NDT with Lois Bly, Dec 5 - 9, 2011

**** please print ****

Name: _____ **Credentials:** _____ **Facility:** _____

Billing Address: _____ **City:** _____ **State:** _____ **Zipcode:** _____

Daytime Phone: _____ **Email address:** _____

Registration Fee: \$1050 (Tuition does NOT include text: Components of Typical and Atypical Motor Development)

AMOUNT ENCLOSED OR TO BE CHARGED: \$ _____

PLEASE CHARGE MY CARD: Visa MasterCard **CARD #:** _____

Exp. Date: _____ / _____ **V-code:** _____ (3-digits# on signature strip)

SIGNATURE: _____

****** Check payment, please make payable to The SMILE Center ******

Mail/Fax completed registration form and check/billing to:

The SMILE Center
171 Madison Avenue, 5th Floor, NY, NY 10016
Fax: 212-400-0384 or 718-599-3690

The SMILE Center is conveniently located at 171 Madison Ave, 5th Floor, corner of 33rd Street in Manhattan. Subway: B, D, F, N, Q, R, V, W trains to 34th St or 6 train to 33th St

For info please contact: Christina or Amy @ 212-400-0383

Cancellations must be in writing and received by The SMILE Center two weeks prior to course; refund will not be granted after that date. Refund will be issued after course date (minus \$50 processing fee). You may transfer full registration to another SMILE Center course if you notify us two weeks in advance of workshop you are cancelling. The SMILE Center reserves the right to cancel any course with due cause and refund in full. Participants purchasing non-refundable airfare tickets are encouraged to inquire as to course availability before final purchase. Registrant bears sole responsibility for transportation to course. Weather or transportation difficulties are not the responsibility of The SMILE Center, and failure of a chosen means of transportation is not grounds for registration fee refund when course is held.